

# CLIMBING THROUGH



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## Climbing Through

Life's not delusional, but sometimes finds  
a curious lodgement in its different minds,  
and did on the occasion of that note,  
the 'summit conquered' folder left the day  
that Alan fell in coming back. He wrote  
just name and date, of course, and didn't say  
*'If I have climbed it solo, so can you'*  
but hardly had to when my name was scrawled  
across the note in capitals. I took  
the message calmly though his death recalled  
a hurtful entry in our climbing book.  
I nodded, saw the party to the door,  
and Deborah shut the past out as before.

The long months passed. I thought on it, the fall  
they'd got no warning on, no mobile call  
that he was missing even. *'Broke the rules  
right properly did Alan, wasn't found  
for days: another of those hare-brained fools  
who can't accept how difficult is ground  
up there. At least to most of us.'* I thought  
of Alan Shawcross as I'd known him then,  
my earliest climbing partner, awkward cuss  
who kept repeating: *'Dave, you'll climb again,  
you know you will: you're one of us.'*  
But he had gone, as though that mountain brought  
more wayward danger on us than it ought.

We grow on past such idiocies, I told  
myself: the rain, the early starts, the cold.  
Our life was easier then, not on the go  
as now from dawn to late, though happy to.  
We had another on the way to show  
whatever happened we were still that two-  
some they remembered, that good partnership  
that rose to challenges they too would face.  
Perhaps the house was shabby, and could do  
with paint and furniture, a toy-strewn place  
for Sam and his new playmate — yes, that's true,  
but still it offered us, within our reach,  
a happiness to share in, each with each.

We both were PE teachers, different schools,  
with mine more occupied with grades and rules  
but in the both of them you felt the pledge  
of strength in bodies bred from healthy minds.  
That was the least of it, their heritage,  
what any course of exercising finds:  
that subtle intercourse of the lungs with breath,  
and suppleness of skin with borne-out sense  
of balance in the middle way which Greeks  
admired and trained for in their track events —  
which every pupil learns, attests to, speaks  
the truth of, hopefully, though couldn't know  
what part is truth and what more outward show.

5. I doubt events had undermined my strength one jot in what I did, or that full length I'd go to get their talents used. Most boys who treat the workouts as another class can have no notion how the body joys in constant drill and exercise, which pass insensibly into a self-regarding need to make the most of discipline in track events, gymnastics: run and rest. It's not the conscious mind or state it's in that tells the whole ensemble what is best, but both together, interlinked by trust to live and move in tandem, as we must.

Not that Debs too often climbed with me or with the others much, preferred to be a shade more independent, not so knit into the team, its schedules, bar events, and anyway the teams were never split between the girls and men, no special sense dividing us. The girls had better balance on the whole and were more agile on the tricky hand-spreads and the awkward holds. The men were more determined, went and shone the same in rain or sun or winter cold. Less prey to their surroundings, or to stare into the vertigo of empty air.

In time, by stages more, we two got hitched,  
admittedly not stunned by it, bewitched  
by each, but sensibly, as others had  
who saw us bond together, where we made  
as good a couple as you'll get: both glad  
to help the other, have the trust repaid.  
What can I say, but simply Debs was best?  
She was, the girl our parents would have seen  
as wholly forthright, strong and admirable,  
where any mannishness in her had been  
refined and kitted out in coloured wool:  
a well-knit sexiness I saw enhanced  
in college evenings where we stomped and danced.

I need to add: in any group it's me  
that people look to automatically  
to be their spokesman and to push things through.  
From choice of route to partner, it's a role  
from teenage years I've grown accustomed to:  
the centre forward who can play in goal.  
But for the rest, those inward towering peaks  
that I have failed on, or I did so once,  
it's true they're much more difficult, and raise  
the spectacle of hurt in senseless stunts,  
though not excessively: there were the days  
when I was first and foremost, glad to see  
myself as leader and be climbing free.

It's neither enemy nor quite your friend:  
the rocks look distantly on how things end.  
You mount upon a tough and tactile thing  
resisting every ligament and bone,  
which mimics how you're powered up to cling  
upon that rough embodiment of stone.  
And there you're tensed and swaying in the air  
your muscles pulling on you, climbing belt  
and ropes and buckles, boots and stanchions tensed  
to just the limits you have maybe felt  
but never tested quite that much, or sensed.  
When all is threatening, your confidence  
must reach on outward to a wider sense.

10. Of kinship with the wind, the sun, the rain,  
the growth of lichens and the softening stain  
of weathering in joints or rock's thin skin  
that seems a living thing, and one to last,  
but isn't really, or it doesn't win  
a second glance when novice climbs are past,  
but to the rookie all important, should  
he draw the parallel from rocks to bones.  
He feels the force of things and won't oppose  
the anchoring certainty that locks in stones  
as part of him indeed, especially those  
that leave the centre standing: inner peak  
to urge him on and up if stone could speak.



In fact I see that morning all too well:  
the hoar frost on the ground, the half-felt swell  
of breeze about the pine trees where we camped,  
and then the crisp white sunshine without heat  
that stoked long shadows in the grass and stamped  
a crisp vitality beneath our feet.

A bright, fresh day for climbing, where the early mist  
would clear and lift the moisture from the rocks  
and leave them hard and subtle-joined, apt  
to serve our stratagems and belay blocks.

It seemed we had the towering future wrapped  
about our waists or hung on climbing belt:  
a perfect start, in short, or so we felt.

The four of us were keen to go. We made  
a simple breakfast, packed the camper, paid  
the last of calls and so were ready near  
to eight, each kitted up and in his thoughts  
the moves rehearsed and sequenced, standing clear  
as far as anyone of usual sorts  
could see ahead to what was here quite new —  
a looped ascent across the eastern spine  
and then straight upwards to the central face  
that rose near vertically, a rough incline  
of steep-grooved granite rolling from the base  
to wispy clouds that half obscured the view  
of that spiked summit we must take in too.

We started out. I led. The first high face was variously demanding, and the place where even veteran climbers come to grief, the spans extended and the handholds few. It needs a certain order, which in brief we knew about, and practised, and so climbed through. Two hours went past and then the eastern spine extended smoothly up, a curving sheet of granite needing rock nuts all the way. But five hours later we were done and had our feet upon that flattening obstacle that seemed to sway above us as the scattered cumulus seemed not so far, or even part of us.

Beyond, there was a ridge-way walk, no more, which led up winding to the central core that made the next objective, open patch requiring discipline to not look down. For here a moment's carelessness can snatch at kept-in self-possession, fill and drown your body's inbuilt confidence with sudden rush of vertigo, of being thrown down, ever emptying, into distances that pull on either side. And you alone can counter this, at least in instances that anyone will speak of. Each instead must keep a gaze upon the path ahead.

15. Because so ordinary I don't know why  
there came that dreadful draw-down of the sky  
that sapped my self-possession. Drops below  
then rushed to meet me. Stopped, and then appalled  
to find no rope restrained, I couldn't go  
on or back, but was completely stalled.  
Odd that on the easiest stretch I froze  
and, like a rookie on his earliest climb,  
sat down to wait. It happens. So the pause.  
The party idled as I took my time  
to check equipment, boots, as though the cause  
lay in my tools, not me, when all around  
there came a shrilling and unnerving sound.

Anyone who climbs has had his times like these  
that leave him snagged and shaky at the knees.  
Continually I hugged myself and stared  
hard at the ground, though this too failed. I swayed  
light-headed at the distances that flared  
around as some diaphanous brocade  
of hurtful, ever-buzzing lights. I then  
felt ill, found hands were trembling, violently,  
which all had notice but ignored. I was  
by now an all-too-obvious casualty,  
a stretcher case, in fact, not least because  
of that great interval we'd climbed on through  
which now, and awkwardly, we must undo.

The next few hours of vague and drugged events,  
of swaying, rope-supported, long descents  
are far too painful to be brought to mind.  
It was the shame of it, when no one spoke  
but swung me cautiously, as though they'd find  
a raving lunatic if tension broke.  
Once down, all quietly changed and packed and left,  
by signal someone driving in my place.  
The van was parked outside the house. I fled  
without a word but thankful not to face  
what Deborah, out at shopping, would have said.  
But there it was, my leadership was gone  
as something from that mountain moved me on,

Though that I fought. The next weekend I went  
to test myself, if more by terror sent  
up cliffs and boulder climbs, beginners' slopes,  
to get back confidence in some degree.  
The which I did, but in the end the hopes  
were not sustaining, nor could turn the key  
on that dark spectre in my mind. It lurked  
and warned that any time it still might strike.  
It gibbered at me, like a passing thought  
that never speaks of what that day was like  
beyond the deep discouragement it brought.  
I thought of going back to that hard climb  
but friends excused themselves: another time.

The weeks, the months, the long years passed. I hiked  
a bit, wrote climbing articles, and biked  
about in Italy, and Debs came too,  
another character, and the wild, rough places  
we hardly visited, as though we two  
could simply put ourselves through other paces.  
What had happened, happened: she never asked,  
awaiting patiently what never came.  
And so it was we lived together, married,  
had a child, Sam, while all the same  
the episode, still hibernating, carried  
doubts and forecasts for me: every day  
I walked more trammelled up in what to say.

20. How blissful were the times when Debs and I  
would climb and hang against the windy sky,  
her body filled with shadow but the soft,  
warm sunshine haloing her close-cropped hair  
when she and I in stages climbed aloft  
to look down on the very steeps of air.  
Such exhilaration holding her, the breaths  
there warm on cheeks just tinged with evening chill,  
as under sweaters, jeans and anoraks  
we felt the body give its muscled will  
to going upward through the hidden tracks,  
that lead to solaces when, deep in bed,  
we gave ourselves to what that longing fed.

*Look, it's not a phantom, but a living thing —  
and if inside me not some childish fling  
against the humdrum lives we have. That rush  
of fun and laughter, taking stock, the slack  
that underlies the mountain's grit and slush:  
the days we had will tell you: don't attack  
as though I merited this mountain storm.*  
Which way is up or down? You hardly know  
but hold to ropes and hang on, till at last  
the fury slackens, slowly, and you go  
on and carefully upward, having passed  
the worst the elements can throw at you  
into the sunshine and the smiling blue.

Debs cut across. *'If you go solo we  
are finished. Understand me? Done with. Be  
your age, for God's sake, can't you, Davie, show  
you have the family, this us, at heart.  
I won't say more. I didn't then, although  
how many times I tried to make you start.'*  
Amen to that. Besides, what did I want?  
To see once more the climbing hours evoke  
the quietness of mountain-tops, the view  
of calm magnificence, the fretted smoke  
of high peaks lifting into distant blue —  
which eyes approve of as the team skills bind  
to one contenting, tested, breathing mind.

The summer came. I drove to where we'd been,  
the four of us, the muddy, pine-clad scene  
of rocks, the river, high part where we camped.  
It seemed but yesterday. I looked around  
as though the intervening years had stamped  
inherent purpose on this patch of ground.  
From here we'd gone on, and the same from here  
I'd go to conquer where I failed. I slept  
not well that night, but dreamt at times  
of stumbles on a path that climbed, rain-swept  
and windy, up to falls from dizzying climbs,  
but put it all behind me: on I went  
that morning through the pine-leaved steep ascent.

A solo climb is worst of all, a hell  
for climbers even when they functioned well  
and climb in rhythm, taking cautious routes  
and all precautions, checks and hourly stops.  
It has a treachery that ropes and boots  
are not sufficient proof against, and drops  
into your consciousness with added force.  
Immensely difficult, it tests the things  
that climbing makes in you, not merely sends,  
and tests you well, at length, remembering  
a fumble here can lead to painful ends.  
There were some easy routes, but very few  
would take the smooth and daunting north face too.

25. I did. I climbed as one possessed. Each nut or crevice fastened held me, held and shut out retching distances in falls below. I knew I had one chance, and that was all. One slip, one shaky handhold, and I'd go a dead weight down to where the eagles call across the wind-stilled intervals of air to one, if lucky, terminating course. I didn't think of that but took in power of rock and windblast, held them, turned their force to climb on ever up that gleaming tower so inwardly that I would never stop on that mere pinnacle that marked the top.

That frenzied concentration found its path across the ridge-way, and I knew that half my obstacles now lay behind. But still there rose in front of me that polished wall of smoothly jointed granite, where my will to move methodically would stay on call, each action relayed to the mind that held its own reserves but could well fail. I fed it long familiar climbing skills, and times when it would waver, shift, become instead the replayed actions of my perfect climbs. I hung above the abyss, and the smooth grey rock reached out, took hold of me, rewound the clock.



What hours then passed I do not know. Each hold  
and stride passed slowly, rhythmically, and rolled  
away. In endless spidering up that loop  
I went, the towering confines of the wall  
preceding, urging me, as though some stoop  
of air and cloud contained my wherewithal  
and built me into some high hoist that scaled  
deliberately the marks of earlier climbs.  
I felt as they did, took my strength from holds  
and hexagons they'd fastened, oftentimes  
I hung there in the emptying manifolds  
of peace, security, and then was there,  
one man among the fierce, uplifting air.

It wasn't wise of course, but all the way  
returning, carefully, just what to say  
to Debs went through my mind, an episode  
I saw relinquished to the shut-off past:  
one reckless, wild adventuring that showed  
me cured and justified, myself at last.  
*'That's what you call it, do you?'* Deborah said.  
*'You cannot own up to the small child's pride  
in sheer defiance and pigheadedness.  
Good God, the fears you bottled up inside  
have bred a sickening self-righteousness.  
You found the hurt. You healed it. That is all.  
You risked the four of us so one walked tall.'*

Of course she'd reconsider, and in time  
would give some recognition to a climb  
that was indeed a game of pitch and toss,  
where all I had in this wide world was thrown  
into the hazard of a total loss —  
that's manliness, I think, and it had shown  
the further prospects that awaited us:  
a country towering on that other side  
of what we'd known before, which, come to that,  
was surely better for my new-found pride.  
But not for Debs: she turned the hope down flat,  
and, if we talked, it was as daggers crossed,  
not iron in the soul but winter frost.

30. Of course I have to say that what I'd done  
was done for me, and me alone, but none  
the less was scarcely reprehensible,  
but what most anyone with guts would do  
who wants the fruits of this hard earth in full  
as real and self-fulfilling, felt as true  
and not facsimiles at second-hand.  
I would be chief in my own house, and make  
my children love, respect me, do the things  
that children practise for their parent's sake.  
No more than that at first, but doing brings  
that deep determination to excel,  
arrange things properly, and do them well.

Perhaps I shouldn't use these images  
but you will see how hard the climb to 'yes'  
I was committing to. A solo climb  
which this time, surely, was more difficult  
because it brought no certain end, but time  
to see how much I could be put at fault —  
perhaps in truth a lifetime to consider  
and grow despondent in, since if I won  
the kiddies over with some silly stunt,  
some party hat I wore, or stand-up fun,  
our Debs would promptly intervene and shunt  
the audience off to bed, when all I said  
about our family spelt hers instead.

It then got worse, much worse, and when in me  
there brimmed that force of raw-boned energy,  
I went off on a Himalayan course  
for would-be climbing guides. So much  
for promises, you say, but it would force  
my wife to play the game she'd put in touch,  
try things without me for a change, and find  
what life is like to one who's solitary.  
A gamble, certainly, but one I thought  
we owed each other, or our company  
was only branching out of hopes we'd brought,  
if not admitted, when we first had wed,  
those shades and details that we left unsaid.

I'd hoped the four of us would stay good friends  
but this is where my mundane story ends.  
Of course I have the usual parent's rights  
to see the kids and choose what school they're at,  
but now I look down from those mountain heights  
on climbs not pointless but more staid and flat:  
the features of a life I left long years ago  
and not that easily, requiring strength  
and total honesty, and hard recall  
of what I might have been, but which at length  
becomes the norm or second breath, which all  
the shapes of past disasters might construe  
as those my purposes were heading to.

I don't know how or why my hopes can be  
still with that jean-clad figure climbing free,  
the sunshine lighting up the cap and hair,  
small hands reaching, holding, body tensed  
till silhouetted in the backlit air  
it overcomes and follows, movement sensed  
as one unbounded stretch for life. The thick  
brown leather boots, the socks there filled  
with ankle joint and webbing tendons, all  
there pulling on the sturdy bones to build  
a human being: upright, strong and tall —  
the one I had, and one that I have lost  
at some unguarded but still grievous cost.

35. The mountain heights are me, of course — my urge  
to keep on adding to the body's surge  
of energy by which our fears are overcome:  
a mind that holds and steadies round the clasp  
of rope that holds us and the rocks that come  
to be our enterprise in stretch and grasp.  
Each person fails at what he cannot do  
inherently and makes his earliest days:  
and though he track about that central tower,  
it rises out of him and shadows ways  
where he must recognize and use its power.  
Mine you know by now: uncertainty  
with what I was, or am, or still could be.

I run a two-week summer climbing camp  
where kids, or folk of any age, can ramp  
up skills of belay, rescue, scaling free  
where only grit and strength will get them through.  
Though safe, with several faces, each will see  
them facing panic and what fear will do.  
Some gain, some lose at this, but all who stall  
are taken back into the parcelled why,  
that pack of bone and muscle, how they hold  
their body supple through the lift of sky,  
the tug of rope, the handholds tensed and cold.  
It's not the air or elements they fight  
but what is building in them out of sight.

Through this we sense the spirit in those heights,  
by which, and climb by climb, we set our sights,  
High paths will fall away, and avalanche  
remove whole mountain slopes of piled up snow.  
This world is as it is, and lives its tranche  
of what's eternal in us, how we go  
howling to eternity and have our bones  
reduced to phosphate and to mouldering lime.  
Inveterately and silently, the sheer  
becomes the starting climber's route in time.  
But what's essential is to never fear  
that brute pugnacity of rock but try  
to be as airborne as the arching sky.

To me the body has its hourly shows  
of hidden wonder and of darkness, throws  
a shadow on the screen of what we are  
in that empyrean desire the Greeks  
made both our measure and our home. The far  
world spoke to them in oracles, it speaks  
to us the same on those sheer mountain sides  
that draw the body up with elements —  
extend with air our waiting limbs, and fling  
to furthest mountain tops that inward sense  
of corded muscles in some well-wrought thing  
that, conquering, affords us inner peace  
beyond contentment in the climb's small lease.

I think of Deborah as a sometime dream,  
a sense of passing even, which may seem  
apostasy from what was wholly good.  
Perhaps it is. But also, if that's true,  
despite the half relinquished parenthood,  
it brings a sentiment of climbing through  
the web of muscles, limbs and knuckle joints,  
each knitting seamlessly, each stretched and bent  
around some phantom of a person thrown  
into particulars, where each event  
ignites a body hung there, toughly known,  
when over me, above me, small breasts bear  
their canticles of tightly fistled air.

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